

INTERNATIONAL SAN TEN KARATE ASSOCIATION
SHOTO DOJO

Hanshi Vincent Cruz Memorial

12th Annual Shoto Dojo Spring Seminar on Saturday, May 18 & 19, 2019 by



Hanshi Justin Butler



Over fifty years of Martial Arts experience.

8th Dan (8th degree Black Belt) in Karate;

3rd Dan Hakkoryu Jujutsu; Aikido.

Menkyo Kaiden in SanTen Karate from Hanshi Cruz, January 2015.

Promoted to Hanshi by Hanshi Cruz (posthumously), January 2016.

Soke (founder) of SanTen Jujutsu, re-integrating Shotokan Karate with Jujutsu.



Don't miss this opportunity to train with a Shotokan Karate expert; learn to improve your body dynamics, speed, power, and focus.

Salvation Army Gym

Santa Clara Citadel

3090 Homestead Road (between Lawrence Expressway and Kiely Boulevard)

Santa Clara CA 95051

Saturday, May 18, 2019

Schedule

9:30am –

Registration at the door (for those who don't **pre-register**)

10:00am – 11:30am

Youth Session: Kids (ages 6 – 12) and **Tiny Tigers*** (ages 4 – 6)

Age appropriate training, Basic fundamentals and combinations

12:30pm – 4:00pm

General Session: Adults & Teens, Intermediate/Advanced **Kids**

Precepts of basic Karate, special San Ten training kata

4:30pm – 5:30pm

Advanced Session (Brown/Black Belt): Additional Training

7:00pm –

Saturday **Dinner with Hanshi Butler** and visiting Dans (separate cost)

(Curriculum subject to change at Hanshi Butler's decision)

* Tiny Tigers may bow out of session when they get too tired, earlier than 90 minute completion.

Sunday, May 19, 2019

Special (separate) training for advanced students (at different location) in SanTen Jujutsu.

Work on the Jujutsu that is actually inherent in Shotokan Karate. Inquire separately.

Registration (Pre-registration through May 3)

Youth Session: \$35.00 [Tiny Tigers (ages 4 – 6) \$30.00]

General Session: \$70.00

Advanced Session: \$35.00

**These are estimated / expected fees for next year's seminar.
Prices are subject to potential adjustment later in the year.**

Pre-registration, by **May 3**, deduct \$5.00 per session. Pre-register through your sensei or by mail.

Make checks or money orders out to "Shoto Dojo". Checks, money orders, and cash accepted at the door.

Shoto Dojo P.O.Box 2220 Sunnyvale CA 94087

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David LaVerne Chief Instructor (408) 505-0560 David@ShotoDojo.com

Dianne LaVerne Instructor, and Tiny Tigers (408) 505-0561 Dianne@ShotoDojo.com

"The ultimate aim of Karate-do lies not in victory nor defeat, but in the perfection of the character of its participants."

– Funakoshi Gichin Sensei (1868 – 1957)